



Alan Shearer Centre Statement of Purpose

Health and Social Care Act 2008

Version 4

Date of next review August 2017

Service Provider

St Cuthberts Care
St Cuthberts House
West Road
Newcastle
NE15 7PY

Email: enquiries@stcuthbertscare.org.uk
Telephone: 0191 228 0111
Provider ID: 1-101652089

Location

Alan Shearer Centre
West Denton Close
Newcastle upon Tyne
NE15 7LU

Telephone: 0191 267 8128
Location ID: 1-109140594

Registered Manager

Mrs Jacqueline Dunn
Registered Manager ID: 1-109828835
Email: jackie.dunn@stcuthbertscare.org.uk

Regulated Activity

- Accommodation for persons who require nursing or personal care
- Treatment of disease, disorder or injury
- **Maximum Number Residents:** 20

Aims

The Alan Shearer Centre aims to provide a residential and short break service for adults with physical and/or learning disabilities/difficulties who have complex needs which include autism and Asperger Syndrome and/or require nursing care. **In exceptional circumstances the Short Break will also accommodate one young person under the age of 16 for a planned short period of time within a risk management framework that is agreed by all relevant stakeholders.**

The Short Break service enables parents and carers to have a break from the caring task and by doing so, aims to reduce the pressure of caring for an individual with a disability and maintain them in their home environment.

The short break is also registered with OFSTED as a children's home defined in section 4 of the CSA 2000. Any regulated activities for 18 – 65 year olds provided under the Health and Social Care Act 2008 is provided within a separate area of the home from the care and accommodation of the children.

The Residential Home will offer a safe, secure and therapeutic living experience for individuals aged over 16 years on admission. We will provide a period of stability and support by offering a permanent placement where they can learn the skills required to reach their full potential, and will offer support for a move to independent or supported living if deemed appropriate

We will work in close partnership with other agencies in order to ensure the stability and wellbeing of all the placements along with optimizing opportunities for each individual.

The service we provide is within a safe environment, with the opportunity to take appropriate risk within a risk management framework; a flexible service which will encourage and support individuals to reach their full potential and lead a fulfilling life.

When an individual is admitted requiring nursing care a nurse will be on duty at all times.

We aim to ensure that everyone using the service can:

- Stay as healthy as possible
- Feel safe, secure and free from discrimination whilst living the life they choose
- Maintain dignity and privacy
- Be a valued member of the community
- Enjoy economic wellbeing
- Develop and maintain skills and their independence to their potential
- Discover individual individual's values and preferences through appropriate assessment

In order to achieve these aims we have set the following objectives:

The support to each person is individual and tailored to their needs. Each individual is supported to develop their own care, support and risk management plans in partnership with professionals, families and friends, as appropriate. These plans will be evaluated before each stay for short break and monthly for residential. They are formally reviewed when there is a change, or at least every six months.

Where a need is identified all individuals staying at the Alan Shearer Centre can expect:

Be Healthy

- Access to appropriate health care when required to enable the individual to remain well
- Support to take as much responsibility for their medication as they are able
- To receive treatment from a qualified nurse, if required
- Support to maintain a healthy lifestyle by encouraging healthy eating and exercise
- That individual health records are relevant and kept up to date
- For Residential residents be supported to liaise with relevant health professionals and seek

advice and information on any issues that have an impact on health

Stay Safe

- All staff will be trained in awareness of safeguarding adults and children
- Staff will work with other professionals (as required) to develop risk assessments to minimise risk of harm
- Staff will raise a safeguarding alert if at any time they feel that a individual is at risk of harm or abuse
- Staff will ensure that the environment is safe by supporting individuals to keep their belongings secure
- Complaints and concerns are listened to and followed up immediately and that they will be provided with notification of outcomes
- Advocacy and Consultation is provided independently when necessary for the individual

Make a positive contribution

- Staff will encourage decision making in the Centre via group meetings and key worker sessions
- Staff will support them to get involved in the community by looking for resources and developing and maintaining a community presence
- Staff will support individuals to develop positive relationships within the Centre and out in the wider community
- For Residential residents Staff will work as a team and with other professionals to develop Intensive Interaction and a range of Sensory activities to enhance quality of life and if necessary, reduce behaviours.

Achieve economic wellbeing

- Staff will support them to take responsibility for their finances, where appropriate
- Staff will keep accurate records of finances to minimise the risk of financial abuse and loss, which are subject to external audit and inspection
- For Residential residents staff will provide support in readiness for employment or explore alternative occupations and ensure they are in receipt of the correct benefits

Enjoy and achieve

- Staff will work with individuals to get involved in activities, hobbies or individual interests to achieve personal and social development
- Staff will show an active interest in each individual's progress and achievements
- Staff to support and promote learning and the enjoyment of recreation

Staff will report to social services if they have any concerns with any of the above

Families, friends and other professionals can expect that:

- They will be involved in the care planning process
- They will be given the opportunity to express concerns and satisfaction through a variety of mediums including an annual satisfaction survey
- Complaints and concerns are followed up immediately and that they will be provided with notification of outcomes

All stakeholders can expect that staff:

- Conduct risk assessments of environmental health and safety hazards within the Centre annually (or sooner if required) and that hazards are reported and acted on

- Are professionally supported through a formal training plan based on the needs of the service user group and outcomes of appraisal, regular team meetings and routine supervisions ensuring that service user needs are met
- Will promote choice and economic wellbeing through encouraging individuals to participate in regular activity
- Maximise value by managing the care service efficiently and effectively to make the best use of resources.
- Will enable individuals' care needs to be met by implementing a formal programme of staff planning, selection, recruitment, induction, training and personal development

Services We Provide:

Both the Short Break and Residential Home are managed by a registered manager with a senior team and support staff and will be staffed 24/7. The staffing levels will be determined by the number of service users who are in placement and will be needs lead. When nursing care is to be provided, a nurse will be on duty at all times.

We provide varying support to individuals depending on individual assessed need. This support could include any of the following;

- Assistance with health related matters, taking medication and accessing medical services, if required
- Nursing care, if required
- Help with personal care tasks such as getting dressed or bathing
- Assistance to plan meals, help to shop and cook and other domestic skills
- Enable people to access local community facilities
- Enable people to access the on site sensory and hydro facilities
- Support in taking part in activities
- Support in development of friendships and relationships
- Assistance with matters relating to economic wellbeing
- Actively support each individual's racial, cultural and religious need

To have in place a staff team:

- Who practice with an anti-oppressive approach
- Who provide a strong ethos of unconditional positive regard
- Who can nurture, care and offer a non-judgemental environment
- Who are aware of professional boundaries and have a good knowledge of development of individuals
- Who offer a home environment, where individuals feel safe with boundaries and protection
- Who will act as role models, will be honest and open and who will offer the individual alternative methods of coping
- Who will act as advocates to ensure and promote the rights of the individuals and to ensure that they are involved in discussions and decisions relating to their lives
- Who will positively encourage anti-discriminatory behaviours and attitudes
- Who will have the skills and knowledge to support individuals who have been diagnosed as being on the Autistic spectrum
- Who have an understanding of the needs of an individual who have needs similar to those on the autistic spectrum
- Through group meetings, key worker sessions and daily living situations will encourage acceptable behaviour enabling the individuals to understand the issues of equality and diversity

Location

Alan Shearer Centre
West Denton Close
Newcastle upon Tyne
NE15 7LU

The Alan Shearer Centre provides short break and residential accommodation for up to 14 short break and 6 residential persons who require nursing or personal care. Fully adapted facilities are available to meet the needs of people with physical disabilities. The Short Break facility is on the first floor and is accessible by a lift or staircase and access is via the main reception of the Alan Shearer Activity Centre. The access is controlled by an electronic locking door system and is only available to staff and those staying overnight. The Residential facility is situated over two floors and has its own entrance.

The Short Break facility has fourteen bedrooms some with own toilet and hand basin some have under floor heating the remainder have radiators, all can be controlled locally. All the bedrooms have Freeview TV with DVD players available. Every individual has a lockable cabinet for personal possessions and its own key so that individuals can lock the room if required. There is a nurse call system within eight of the bedrooms. Some of the rooms have an alarm on the door for use in line with agreed risk management strategies.

There is a hoist tracking system in five bedrooms, two of which connects to an en-suite toilet. There is a separate shower room and separate bathroom which is also connected to the hoist system. There are three other bedrooms that have fully adjustable beds with sides available, one of which has a specialist air filled high dependency mattress. We also have a number of bedrooms with double beds. A range of other equipment can also be provided as required.

Each bedroom can be set up to meet individual needs, so that if an individual needs support getting in and out of bed, in and out of their bedroom, or support for their personal care, there is a bedroom designed to help them do this. We aim to offer the same bedroom of the individual's choice each time they stay if they wish.

The Residential Home has six bedrooms all the bedrooms have Freeview TV with DVD players available. Every individual has a lockable cabinet for personal possessions and its own key so that individuals can lock the room if required. Some of the rooms have an alarm on the door for use in line with agreed risk management strategies. There are 2 bathrooms with toilet and an adapted toilet. Staff will work with an individual and/or family to ensure the bedroom meets their individual needs.

The Short Break and Residential Home each have their own dedicated kitchen, dining and lounge areas each with a television, DVD, Freeview and games consoles. The view from the windows overlooks the Centre's private gardens. The premises and grounds are a non-smoking environment.

There are two laundry rooms with washing machine and dryer.

For all people accessing the services there is access to the Activity Centre's sensory services throughout the day and after the Centre has closed. The grounds are safely fenced in and very private due to the many trees and hedges in the garden. There is off street parking for up to 30 cars within the site.

The gardens are available to individuals all day, unless there is a special function organised by the sensory service for day members using the facilities downstairs. In the garden there is a sensory

garden, a tree walk, nature walk, play equipment such as swings, climbing frame and a flat grassed area the size of a large five-a-side football pitch, for competitive and non-competitive games.

The Centre is within walking distance of local shopping facilities and there are also bus routes to Newcastle and the Metro Centre. Staff are also able to take individuals out in staff cars, provided they have the correct insurance and the car is safely accessible for the individual. The Centre has access to a minibus.

A key worker system is in place as part of the service, with each resident allocated a named Key Worker / Nurse. Their role is to make sure all the plans are appropriate, in place, agreed and signed up by all significant parties.

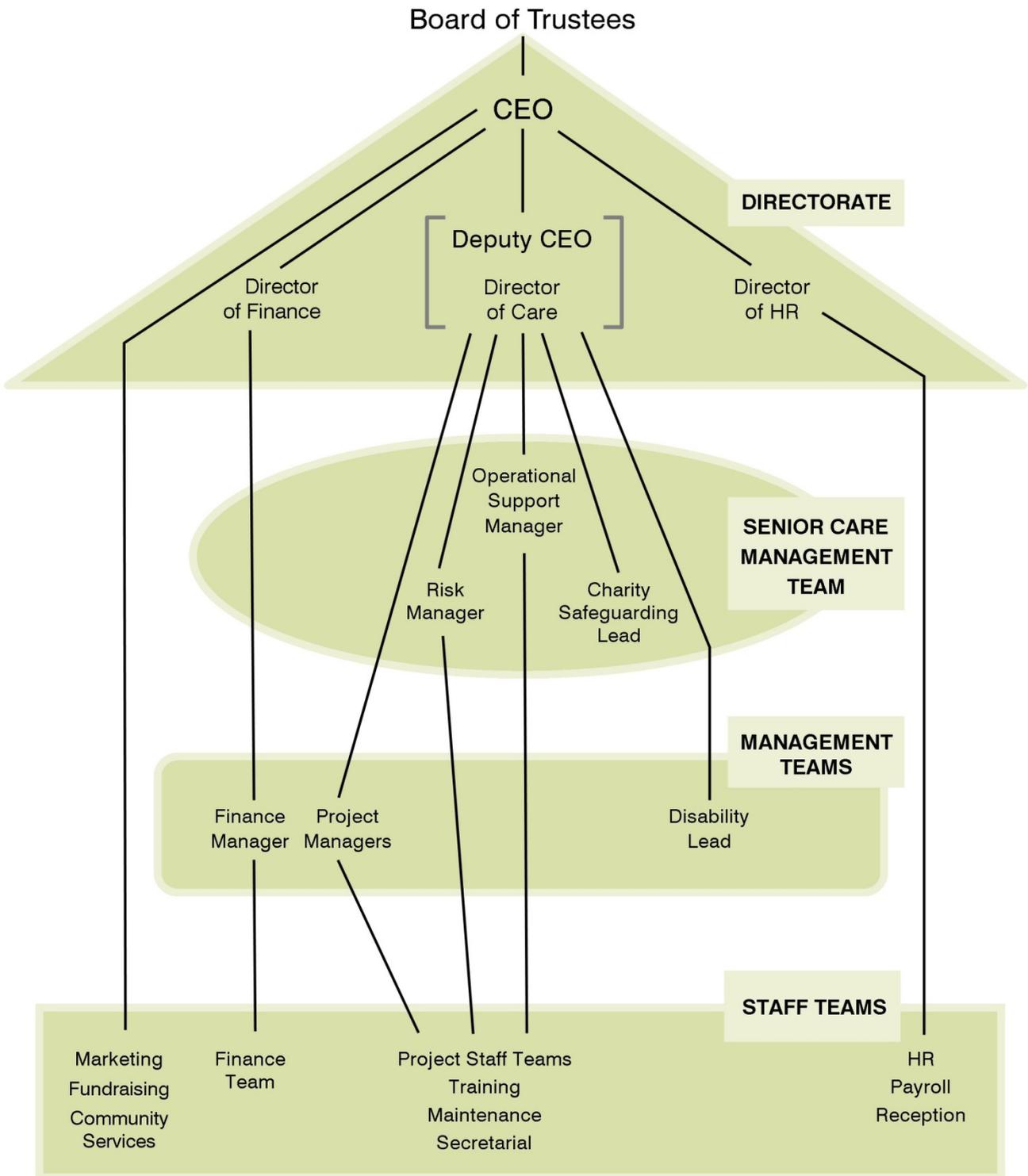
Person-centred care plans will be produced in writing and can be produced in other forms if needed (such as story boards, or audio tapes) to ensure that planning is inclusive at every stage and that everyone who is supporting an individual knows what is needed and how to support the individual while in our care.

Legal status

The Alan Shearer Centre is part of the charity and service provider St Cuthberts Care. The structure of the charity is outlined below.

Company Registration No: 1645917

Registered Charity No: 512912



09.12.2015 KC