

live&learn

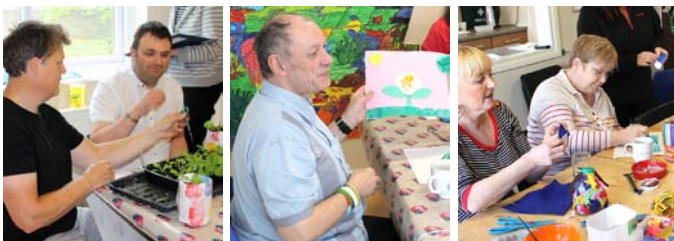
Our programme of weekly activities for adults with disabilities



Live & Learn sessions on Tuesdays, 11am - 1pm, include crafts, hobbies and quizzes, while Thursdays, 12 noon - 2pm, are dedicated cookery classes. We also offer a range of seasonal events

For more information, please call 0191 267 8118 or visit:

www.alanshearercentre.org.uk

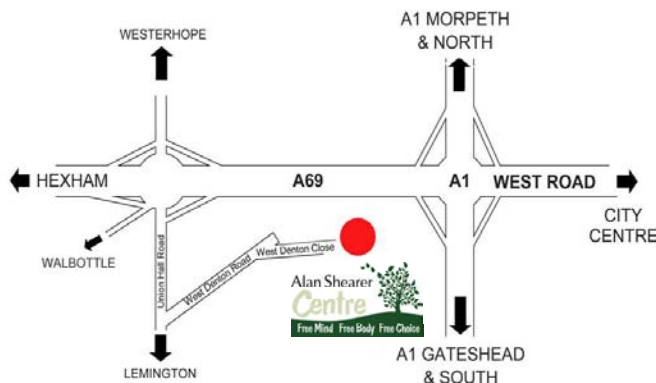


Drop in to the Centre any time to find out about all the services we offer. Our staff will be happy to show you round and answer your questions.

We look forward to seeing you soon!

For more information about all of our facilities and activities contact Alan Shearer Centre Manager, Amanda Head, on 0191 267 8118 or email amanda.head@stcuthbertscare.org.uk

How to Find Us



West Denton Close • Newcastle upon Tyne • NE15 7LU
Email: enquiries@alanshearercentre.org.uk

Please contact us if you require detailed directions.

The Alan Shearer Activity Centre is funded by



For more information visit

www.alanshearerfoundation.org.uk



Follow us on Twitter: @alanshearerfndn

Part of  **St Cuthbert's Care**
Enabling People

Patrons: Lady Elsie Robson, Lainya & Alan Shearer, Ant & Dec, Mike Browne

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Alan Shearer
Centre



Free Mind Free Body Free Choice

for adults and children with disabilities



Like us on Facebook: Alan Shearer Centre

The Alan Shearer Centre

is a highly specialist, respite, residential and social facility for people with complex disabilities and acute sensory impairments.

Experienced staff teams in our **short break** and **specialist residential** home work alongside people with complex disabilities and can provide intensive specialist support to those with chronic medical needs and to people presenting highly challenging behaviours.

Both facilities are attached to our **Alan Shearer Activity Centre** and offer full access to its range of specialist therapeutic and sensory activities. The Centre's grounds include over an acre of enclosed landscaped gardens and walks, with an adapted playground exclusively designed for children and young people with disabilities.

Short Break Respite Care



The Alan Shearer Short Break Centre offers specialised breaks, from overnight to longer stays, for children or adults with a range of disabilities.

Our dedicated staff are trained in caring for people with profound and multiple disabilities, autism and Asperger's Syndrome. We offer skilled and experienced support for those with additional health or medical needs and requiring specialist care.

With adapted bathrooms, specialised profile, air-filled beds and two Hannah Cot beds our facilities are designed specifically to suit all requirements. Overhead tracking and hoists throughout the Centre's bedrooms and bathing areas are available to assist people with limited mobility.

Specialist Residential Care



Like our short break facility our longer-term Specialist Residential home is specifically designed and staffed to serve the needs of those with complex disabilities and challenging behaviours.

Here we offer a home for adults within a safe, nurturing and enabling environment where disabled residents have free and full use of the leisure, therapeutic and learning facilities of our on-site Activity Centre.



The Alan Shearer Activity Centre is the only provision of its kind in the North East to offer **FREE** recreational, sensory and social facilities for disabled children and adults, their families, schools and groups.



Hydrotherapy Suite

Our state-of-the-art hydro suite can be used **FREE** by up to nine people for a one hour session

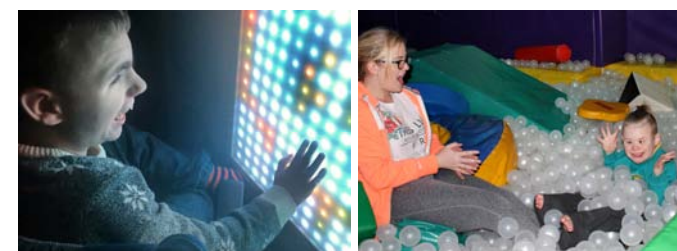
- Giant Ball Pool
- Sensory Cave
- Sensory Rooms
- Sound and Music Room
- Woodland Walk
- Adapted outside play areas



Membership is Free

To use our facilities, you must first become a member of the Centre. Application forms are available from reception or can be downloaded from our website:

www.alanshearercentre.org.uk



Demand is high for our facilities, so sessions must be booked in advance. Book now by calling

0191 267 8118



Don't forget to round off your visit by checking out the mouth-watering daily specials in our very own on-site café, *Browne's*.

We welcome visits by school groups and organisations.

Contact us for more information.