

Alan Shearer  
**Centre**  
Specialist Residential



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[www.alanshearercentre.org.uk](http://www.alanshearercentre.org.uk)

# Welcome

Welcome to the Alan Shearer Specialist Residential home. This provision is part of a complex of three specialist disability services, managed by St Cuthbert's Care, offering on-site residential, short-break and day resources. Our residential home can accommodate up to six individuals with a physical and/or learning disability who have complex needs, including autism and Asperger's Syndrome.

We work closely with referring social workers and health professionals to ensure all of the adults in our care receive on-going support, stability and encouragement to enable them to reach their full potential. We will also offer support for a move to independent or supported living where appropriate.

This brochure highlights the residential service we offer. If you have any questions that have not been answered in this brochure, please contact Gareth Bainbridge on **0191 264 8925**, Mobile: **07870 861081** or email: [gareth.bainbridge@stcuthbertscare.org.uk](mailto:gareth.bainbridge@stcuthbertscare.org.uk).

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## Our Aim

We aim to provide a service that is tailored to meet the individual needs of our residents and is driven by the following four key principles; rights, independence, choice and social inclusion.

We believe that everyone at our Alan Shearer Specialist Residential home should be able to:

- Feel safe, secure and valued
- Be healthy
- Enjoy economic well-being
- Live the life they choose
- Be a valued member of the community
- Be treated with dignity and respect

## Accommodation

We offer modern accommodation for six individuals of both genders, providing a home environment with boundaries and protection where individuals feel safe. All residents have their own lockable bedrooms which can be personalised to reflect their own identity and help to encourage a sense of belonging.

There is a kitchen, where residents are encouraged and supported to choose and cook their own meals, where appropriate, and a spacious lounge/dining area with a television, DVD, Freeview and games consoles.

## Staff

The Alan Shearer Specialist Residential home is run by Manager, Gareth Bainbridge. His team of trained staff are qualified to Level 3 in Health and Social Care and offer tailored support for each individual.

The team is also qualified to care for people with a range of complex personal care needs, including Peg Feeding and Tracheostomy procedures.

All staff take part in regular training to ensure they remain up to date on best practice when working alongside young people with challenging behaviour. In particular, staff receive specialist training in caring for people across the autistic spectrum and for those with varying degrees of epilepsy.





## Facilities and Activities



The home is unique in offering full access to the charity's adjoining on-site Alan Shearer Activity Centre, and residents will receive priority membership of the Centre, allowing access at all times, including 'out-of hours' use, when closed to the public. The Activity Centre provides a wide range of sensory, therapeutic and stimulating facilities and has its own café, hydrotherapy suite and ball pool. It boasts more than an acre of beautiful private gardens and accessible grounds, encompassing a woodland walk, a sensory garden and large flat areas of open lawn suitable for all sorts of outdoor activities from ball games to picnics.

Residents will be invited to the many social functions held at the Activity Centre throughout the year and will have access to the charity's holiday caravan in Warkworth for breaks away, where appropriate. We also have regular trips out to enjoy some of the local attractions. All of the usual daily indoor fun and leisure experiences are available at the home, including TV, DVD, computer with free Wi-Fi, radio, art and crafts, games and books etc.



In line with our aims and to complement our ethos of growth and development, we encourage and promote individual interests, hobbies and activities and support our residents to become a valued and valuable member of the local community. We believe that active community involvement can help to develop social skills and provide life experiences that contribute towards enhanced self-esteem.

## Individual Care and Support

We will provide a quality service in the home, which, in turn, will improve the quality of life for our residents.

We intend to achieve this by recognising each person's dignity and individuality, acknowledging his/her potential for development and independence, whilst identifying and accommodating varying degrees of ability.

We recognise the importance of understanding and respecting each resident's privacy, confidentiality, diversity and equality, and we promote human rights and advocacy at all times.

A personal planning process, tailored to meet the needs of each individual, will be used to accomplish this with input from the resident, the Care Manager and our allocated Keyworker.

As well as our own, exacting services, we are able to source other professional services, such as occupational therapy, speech and language therapy, aromatherapy and physiotherapy.



## Referral Process

- We admit by referral following a pre-admission assessment and a discussion by an internal panel about the suitability of each placement.
- If there is a place available in the home, a Keyworker is appointed who, along with the Manager, spends time with the individual and family or carer to explore their understanding and expectations of the placement. An induction process then begins, which can include an overnight stay. If there are no vacancies at the time of referral, names will be placed on a waiting list.
- We acknowledge that individuals may have emotional or behavioural difficulties associated with their disability or life experience and therefore admission to the Alan Shearer Specialist Residential home happens in a planned way with the process tailored to suit the needs of the individual.

## Criteria for Admission

The Alan Shearer Specialist Residential home accepts a wide range of referrals, including where:

- The individual has a diagnosis of autism with, or without, a learning disability
- The individual does not have a diagnosis of autism but presents traits and behaviours similar to those with a diagnosis
- The individual has both a physical and learning disability, including complex needs

## Regulating Standards

The Alan Shearer Specialist Residential home is regulated by the Care Quality Commission.



### Further information

For more information please contact Gareth Bainbridge on

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or email: [gareth.bainbridge@stcuthbertscare.org.uk](mailto:gareth.bainbridge@stcuthbertscare.org.uk)



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