



Alan Shearer Centre Statement of Purpose

Health and Social Care Act 2008

Version 17

Date of review: 6.8.2021

Date of next review 6.8.2022

Service Provider

St Cuthbert's Care
St Cuthbert's House
West Road
Newcastle
NE15 7PY

Telephone: 0191 228 0111
Provider ID: 1-101652089

Location

Alan Shearer Centre
West Denton Close
Newcastle upon Tyne
NE15 7LU

Telephone: 0191 267 8128
Location ID: 1-109140594

Registered Manager – Responsible for Alan Shearer Centre

Mr Gareth Bainbridge
Registered Manager ID: 1-4487886121
Email: gareth.bainbridge@stcuthbertscare.org.uk

Operations Manager – Responsible for Alan Shearer Short Break

Mrs Kate Cook
Email: kate.cook@stcuthbertscare.org.uk

Regulated Activity

- Accommodation for persons who require nursing or personal care

- Treatment of disease, disorder or injury
- Maximum Number Residents: 20
- Short Break 14 beds (Temporarily Closed)
- Residential 5 beds
- The Lodge 1 bed

Contact addresses

Responsible Individual Amanda Head
 Director of Care
 St. Cuthbert's Care
 St. Cuthbert's House
 West Road
 Newcastle
 NE15 7 PY

Telephone: 0191 228 0111

Email: amanda.head@stcuthbertscare.org.uk

Qualifications

NVQ Level 3 & 4 Social Care Leadership & Management
 Registered Manager Award

Experience

- Overs 17 years working with vulnerable adult's children, young people
- Manager of adults and children's outreach service
- Senior manager of short break service providing care for adults and children
- Manager of activity centre providing services for vulnerable adults, children and their families
- Deputy Director of St Cuthbert's Care leading and directing all care services
- Director of care

Aims

The Alan Shearer Centre aims to provide a residential and short break service for adults aged 16+ with physical and/or learning disabilities/difficulties who have complex needs which include autism and Asperger Syndrome and/or require nursing care.

The Short Break service enables parents and carers to have a break from the caring task and by doing so, aims to reduce the pressure of caring for an individual with a disability and maintain them in their home environment.

We will work in close partnership with other agencies in order to ensure the stability and wellbeing of all the placements along with optimising opportunities for each individual.

The service we provide is within a safe environment, with the opportunity to take appropriate risk within a risk management framework; a flexible service which will encourage and support individuals to reach their full potential and lead a fulfilling life.

When an individual is admitted requiring full nursing care, a nurse will be on duty at all times.

We aim to ensure that everyone using the service can:

- Stay as healthy as possible
- Feel safe, secure and free from discrimination whilst living the life they choose
- Maintain dignity and privacy
- Be a valued member of the community
- Enjoy economic wellbeing
- Develop and maintain skills and their independence to their potential
- Discover individual values and preferences through appropriate assessment

In order to achieve these aims we have set the following objectives:

The support to each person is individual and tailored to their needs. Each individual is supported to develop their own care, support and risk management plans in partnership with professionals, families and friends, as appropriate. These plans will be evaluated before each stay for short break and monthly for residential. They are formally reviewed when there is a change, or at least every six months.

Where a need is identified, all individuals staying at the Alan Shearer Centre can expect to:

Be Healthy

- Access to appropriate health care, when required, to enable the individual to remain well
- Support to take as much responsibility for their medication as they are able
- Receive treatment from a qualified nurse, if required
- Support to maintain a healthy lifestyle by encouraging healthy eating and exercise
- That individual health records are relevant and kept up to date
- For Residential, residents to be supported to liaise with relevant health professionals and seek advice and information on any issues that have an impact on health

Stay Safe

- All staff will be trained in awareness of safeguarding adults
- Staff will work with other professionals (as required) to develop risk assessments to minimise risk of harm
- Staff will raise a safeguarding alert if at any time they feel that a individual is at risk of harm or abuse
- Staff will ensure that the environment is safe by supporting individuals to keep their belongings secure

- Complaints and concerns are listened to and followed up immediately and that they will be provided with notification of outcomes
- Advocacy and Consultation is provided independently when necessary for the individual
- Electronic monitoring and surveillance devices in the Centre - due to the level of need of most service users who access Alan Shearer Short Break - are supervised all of the time. There are alarms on each of the bedroom doors to alert staff to bedroom doors opening. This then lets the staff know that a person may need support or reassurance and also alerts staff to unauthorised people attempting to enter. This is arranged to promote safeguarding.

Due to their disabilities, many of the service users are unaware of everyday dangers to themselves and others. Consent from parents/carers for use of the door alarms is gained prior to admission.

External doors are fitted with security measures to ensure safety preventing service users from leaving safe areas without staff support and preventing unauthorised people from gaining entry. This is arranged to promote safeguarding, as, due to their disabilities, many service users are unaware of everyday dangers to themselves and others. Consent from parents/carers is gained within the preadmission process. Doors automatically release in the event of the fire alarm sounding.

There may be times when audio and visual monitors are used to monitor and manage a service user's medical condition. No recordings are made from these monitors as it is a live feed. Consent for this is gathered from parents/carers/social workers and, where necessary, health professionals. All of these monitors would only be used as part of a care/support plan and never interfere with a service user's right to privacy.

As part of our strategies to ensure all individuals are kept safe when using The Alan Shearer Activity Centre, there is a visual CCTV system in place throughout. This is to facilitate monitoring of safe and appropriate use of equipment and centre facilities. This information is stored for a minimum of 30 days; no recordings are kept past this time unless for use in investigations. Consent is gained from parents/carers for use of this monitoring equipment. We have consulted with parents/carers of current service users using our registered service about CCTV being installed within communal areas of Short Break and have received a unanimous positive response. Staff and local authorities have also been consulted and are in agreement with the proposal.

Visitors to Alan Shearer Short Break service will be made welcome and asked to sign in and out using the Visitor's Book. All visitors are required to follow protocol and are subject to identification checks.

Be Effective

- Staff will encourage decision making in the Centre via group meetings and key worker sessions
- Staff will support them to get involved in the community by looking for resources and developing and maintaining a community presence
- Staff will support individuals to develop positive relationships within the Centre and out in the wider community
- For Residential residents, staff will work as a team and with other professionals to develop intensive interaction and a range of sensory activities to enhance quality of life and, if necessary, reduce behaviours.

Be Responsive

- Staff will support service users to take responsibility for their finances, where appropriate
- Staff will keep accurate records of finances to minimise the risk of financial abuse and loss, which are subject to external audit and inspection
- For Residential residents, staff will provide support in readiness for employment or explore alternative occupations and ensure they are in receipt of the correct benefits

- Staff will work with individuals and support them to become involved in activities, hobbies or individual interests to achieve personal and social development
- Staff will show an active interest in each individual's progress and achievements

- Staff will support and promote learning and the enjoyment of recreation

Staff will report to the local authority if they have any concerns with any of the above

Families, friends and other professionals can expect that:

- They will be involved in the care planning process
- They will be given the opportunity to express concerns and satisfaction through a variety of mediums including an annual satisfaction survey
- Complaints and concerns are followed up immediately and that they will be provided with notification of outcomes

All stakeholders can expect that staff:

- Conduct risk assessments of environmental health and safety hazards within the Centre annually (or sooner if required) and that hazards are reported and acted on
- Are professionally supported through a formal training plan based on the needs of the service user group and outcomes of appraisal, regular team meetings and routine supervisions ensuring that service user needs are met
- Will promote choice and economic wellbeing through encouraging individuals to participate in regular activity
- Maximise value by managing the care service efficiently and effectively to make the best use of resources.
- Will enable individuals' care needs to be met by implementing a formal programme of staff planning, selection, recruitment, induction, training and personal development

Services we provide:

Short Break, Residential Home and The Lodge are managed by a registered manager with a senior team and support staff and will be staffed 24/7 in all services. The staffing levels will be determined by the number of service users who are in placement and will be needs led. When nursing care is to be provided, a nurse will be on duty at all times.

We provide varying support to individuals depending on individual assessed need. This support could include any of the following;

- Assistance with health related matters, taking medication and accessing medical services, if required
- Nursing care, if required

Help with personal care tasks such as getting dressed or bathing

- Assistance to plan meals, help to shop and cook and other domestic skills
- Enable people to access local community facilities
- Enable people to access the on site sensory and hydro facilities
- Support in taking part in activities
- Support in development of friendships and relationships
- Assistance with matters relating to economic wellbeing
- Actively support each individual's racial, cultural and religious need

To have in place a staff team:

- Who practice with an anti-oppressive approach
- Who provide a strong ethos of unconditional positive regard
- Who can nurture, care and offer a non-judgemental environment
- Who are aware of professional boundaries and have a good knowledge of development of individuals

- Who offer a home environment, where individuals feel safe with boundaries and protection
- Who will act as role models, will be honest and open and who will offer the individual alternative methods of coping
- Who will act as advocates to ensure and promote the rights of the individuals and to ensure that they are involved in discussions and decisions relating to their lives
- Who will positively encourage anti-discriminatory behaviours and attitudes
- Who will have the skills and knowledge to support individuals who have been diagnosed as being on the Autistic spectrum

Who have an understanding of the needs of an individual who have needs similar to those on the autistic spectrum, who, through group meetings, key worker sessions and daily living situations, will encourage acceptable behaviour enabling the individuals to understand the issues of equality and diversity

Location

Alan Shearer Centre
West Denton Close
Newcastle upon Tyne
NE15 7LU

The Alan Shearer Centre provides short break, residential and a solo provision accommodation for up to 14 guests at short break, 5 residential persons within the residential home and 1 person in solo provision, who require nursing or personal care. Fully adapted facilities are available to meet the needs of people with physical disabilities. The Short Break service is on the first floor and is accessible by a lift or staircase and access is via the main reception of the Alan Shearer Activity Centre. The access is controlled by an electronic locking door system and is only available to staff and those staying overnight. The Residential facility is situated over two floors and has its own entrance controlled by an electronic locking door system which is key coded. The Lodge is situated on Alan Shearer Centre site opposite the Residential Home and is set over two floors with its own entrance controlled by lock and key system.

The Short Break service has 14 bedrooms, some with own toilet and hand basin; some have under floor heating with the remainder having radiators which can all be controlled locally. All the bedrooms have Freeview TV with DVD players available. Every individual has a lockable cabinet for personal possessions and its own key so that individuals can lock the room if required. There is a nurse call system within eight of the bedrooms. Some of the rooms have an alarm on the door for use in line with agreed risk management strategies.

There is a hoist tracking system in five bedrooms, two of which connect to an en-suite toilet. There is a separate shower room and separate bathroom which is also connected to the hoist system. There are three other bedrooms that have fully adjustable beds with sides available, one of which has a specialist air filled high dependency mattress. We also have a number of bedrooms with double beds. A range of other equipment can also be provided as required.

Each bedroom can be set up to meet individual needs, so that if an individual needs support getting in and out of bed, in and out of their bedroom, or support for their personal care, there is a bedroom designed to help them do this. We aim to offer the same bedroom of the individual's choice each time they stay if they wish.

This service is temporarily closed

The Residential Home has five bedrooms and all the bedrooms have Freeview TV with DVD players available. Every individual has a lockable cabinet for personal possessions and its own key so that individuals can lock the room if required. Some of the rooms have an alarm on the door for

use in line with agreed risk management strategies. Within residential there are two separate lounges, one situated on ground floor the other on first floor. There are two bathrooms with toilet and an adapted toilet, a third bathroom with adapted bath and overhead hoist in situ. There is a hoist tracking system in one bedroom, which connects to an en-suite wet room/toilet. Staff will work with an individual and/or family to ensure the most appropriate bedroom is provided to meet individual needs.

The Lodge: Is a solo placement for adults who require a higher level of support due to current behavioural issues. The aim is to support the person who is willing to engage with services where they are currently not able to sustain this within a group residential setting. The Lodge will offer a tailored package of support designed to meet the individual needs of the person to promote positive outcomes.

The Short Break service and Residential Home each have their own dedicated kitchen, dining and lounge areas, each with a television, DVD, Freeview and games consoles. The view from the windows overlooks the Centre's private gardens. The premises and grounds are a non-smoking environment.

There are two laundry rooms with washing machine and dryer.

For all people accessing the services, there is access to the Activity Centre's sensory services throughout the day and after the Centre has closed. The grounds are safely fenced and very private due to the many trees and hedges in the garden. There is off street parking for up to 30 cars within the site.

The gardens are available to individuals all day, unless there is a special function organised by the sensory service for day members using the facilities downstairs. In the garden there is a sensory garden, a tree walk, nature walk, play equipment such as swings, climbing frame and a flat grassed area the size of a large five-a-side football pitch, for competitive and non-competitive games.

The Centre is within walking distance of local shopping facilities and there are also bus routes to Newcastle and the Metrocentre. Staff are also able to take individuals out in staff cars, provided they have the correct insurance and the car is safely accessible for the individual. The Centre has access to a minibus.

A key worker system is in place as part of the service, with each resident allocated a named key worker / nurse. Their role is to make sure all the care plans are appropriate, in place, agreed and signed up by all significant parties.

Person-centred care plans will be produced in writing and can be produced in other forms if needed (such as story boards, or audio tapes) to ensure that planning is inclusive at every stage and that everyone who is supporting an individual knows what is needed and how to support the individual whilst in our care.

Legal status

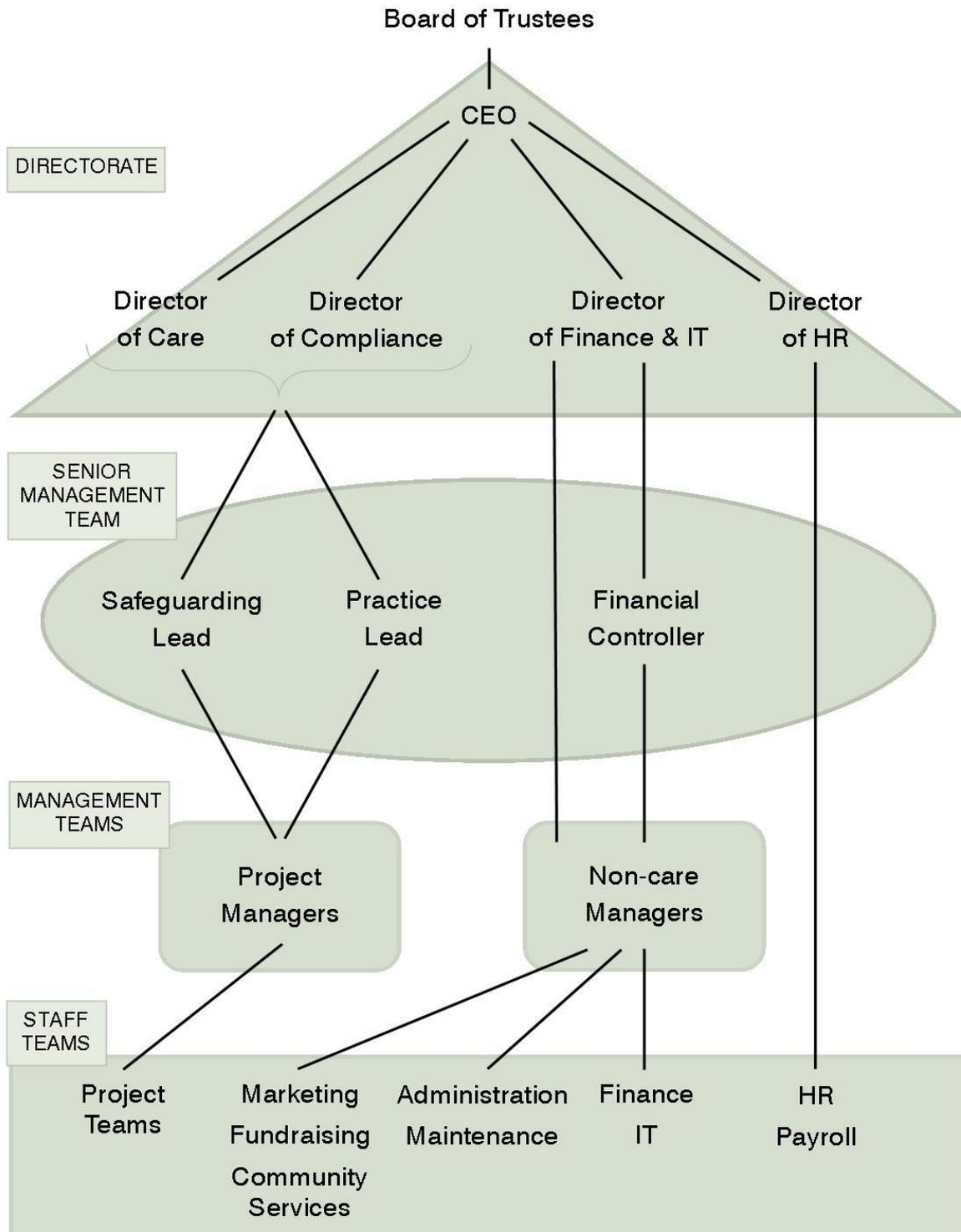
The Alan Shearer Centre is part of the charity and service provider St Cuthbert's Care. The structure of the charity is outlined below.

Company Registration No: 1645917
Registered Charity No: 512912



St Cuthbert's Care

Enabling People



Staffing

Alan Shearer Short Break Centre

Role	Number employed	Permanent (P)/ Agency (A)	Relevant qualification(s)	Relevant experience
Manager	1	p	<ul style="list-style-type: none"> NVQ Level 5 Leadership and Management 	Over 10 years learning disability in respite services
Deputy Manager	1	P	<ul style="list-style-type: none"> NVQ Level 2 Health and Social Care Diploma Level 3 Children and Young People Level 2 team leading All Mandatory Training 	Over 10 years learning disability
Senior Support worker	3	P	<ul style="list-style-type: none"> NVQ2 Health & Social Care NVQ2 Health & Social Care – Adults Level 2 Team Leading NVQ 3 Promoting Independence NVQ3 Children & Young People NVQ 3 Children & Adults Diploma level 3 CYP B-Tec Diploma Science & Health Studies Degree in Health and social care Learning disability qualification NCFE Level 2 Certificate in Equality & Diversity NCFE Level 2 Certificate in understanding the safe use of handling medicines All mandatory training 	8 or more years in learning disability services
Support worker	5	P	<ul style="list-style-type: none"> NVQ 3 Children & Adults NVQ 3 Health & Social Care GNVQ Health & Social Care BTEC National Diploma in Health Studies BA Hons – Creative Expressive Therapies (CYP) National Diploma Performance Arts Working towards Diploma L3 children's. NVQ Care Level 2 NCFE Level 3 Certificate in preparing to work in Adult Social Care <p>All mandatory training complete</p>	8 Years or more experience with learning disabilities
Relief support worker	2	P	<ul style="list-style-type: none"> BA Hons social work All mandatory training 	15 years or more experience with learning disabilities

Alan Shearer Specialist Residential Home

Role	Number employed	Permanent (P)/ Agency (A)	Relevant qualification(s)	Relevant experience
Registered Manager	1	P	<ul style="list-style-type: none"> Registered manager Level 5 Leadership and Management Certified MAPA Instructor Certified Dementia Capable Care Instructor Level 2 Customer Service NCQ 3 Promoting independence Level 2 Understanding Safe Handling of Medicines Level 2 safeguarding All mandatory training 	8 years learning disability services and adult residential services
Deputy Manger	2	P	<ul style="list-style-type: none"> NVQ Level 5 NVQ Level 3 Level 2 Safeguarding All mandatory training. 	30 years learning disability and adult residential services
Senior Support worker	2	P	<ul style="list-style-type: none"> NVQ2 Health & Social Care NVQ2 Health & Social Care – Adults NVQ 3 Promoting Independence Advanced MAPA NVQ 3 Children & Adults All mandatory training 	18 Years in adult learning disability and mental health services
Support worker	15	P	<ul style="list-style-type: none"> NVQ 3 Adults NVQ 2 Adults NVQ 3 Health & Social Care Degree in adult Health & Social Care BTEC National Diploma in Health Studies NVQ Care Level 2 NCFE Level 3 Certificate in preparing to work in Adult Social Care All mandatory training complete 	15 Years or more experience with learning disabilities